



Social Entrepreneur, Coach, Speaker, Facilitator & Podcast Host

Audra Dinell is the Founder of **The Thread**. applying her bold vision and action-oriented approach to transform womens' confidence and leadership abilities through an award-winning personal and professional development experience. Having served over 100 women over the last couple of years, Audra is regularly tapped on to speak on topics that involve women in the workplace, leadership and confidence. She is passionate about helping women feel more alive in their singular, wild and precious lives and therefore, became a coach upon completion of the Kansas Leadership Center's Coaching Intensive. Audra is married to her high school sweetheart and is a mother to two young boys. You can follow her on LinkedIn or Instagram at @audradinell.

SPEAKING TOPICS

- ✓ Mindset
- ✓ Leadership
- **✓** Confidence
- ✓ Emotional Intelligence
- **✓** Female Empowerment
- ✓ Overcoming Self-Doubt
- ✓ Entrepreneurship
- ✓ Career Growth



WORK WITH AUDRA

3 MONTHS OF EXECUTIVE COACHING: \$1500

- Who: Client & coach are oneon-one in sessions
- What:12 45 minute sessions over a three month period
- When: Typically a recurring T,
 W or TH afternoon
- Where: Zoom
- Why: We'll focus on getting you from where you are currently to where you want to be

COACHING TESTIMONIAL

"Working with Audra really opened up my thought process . She asked me questions that I would not have been able to ask myself. which allowed me to be curious about what can come next in my work and life."

-Chief People Officer for National Professional Services Firm, Side Hustler & Mom of Two



Please feel free to reach out with any questions. Get in Touch!

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